

Week 4 Autumn Winter Menu

	Breakfast	Mid-morning Snack	Lunch	High Tea
Monday	Selection of Cereal	Fresh Fruit Platter	Sweet and Sour Chicken with rice Desert: Greek yogurt with a fruit compote	Homemade Cheese and onion Pasties
Tuesday	Selection of Cereal	Fresh Fruit Platter	Starter: Pate on toast Chicken and Leek Pie with seasonal vegetables	Tuna and sweetcorn pasta
Wednesday	Selection of Cereal	Fresh Fruit Platter	Homemade Meatballs/Meat free balls with penne pasta in a tomato and basil sauce Desert: Banana bread	Fluffy scrambled egg on toast
Thursday	Selection of Cereal	Fresh Fruit Platter	Stater: Cheesy garlic baguette Sweet potato and spinach bake	Chef's special soup
Friday	Selection of Cereal	Fresh Fruit Platter	Homemade fish cakes with croquettes and beans Desert: Cake and custard	Homemade potato wedges with cheese and chive dip



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