

## Week 3 Autumn Winter Menu

	Breakfast	Mid-morning Snack	Lunch	High Tea
Monday	Selection of Cereal	Fresh Fruit Platter	Moroccan Lamb with Cous Cous Desert: Fromage Frais	Cheesy Pitta breads with veg sticks and hummus
Tuesday	Selection of Cereal	Fresh Fruit Platter	Starter: Garlic Naan Bread Chickpea curry with rice	Selection of sandwiches
Wednesday	Selection of Cereal	Fresh Fruit Platter	Hungarian Halal/Beef Goulash with dumplings Desert: Rice Pudding	Homemade DIY Pizza's
Thursday	Selection of Cereal	Fresh Fruit Platter	Stater: Melon slices  Quorn Sausage and Mash with peas and gravy	Toasted Cheese Bagels with tortilla chips
Friday	Selection of Cereal	Fresh Fruit Platter	Mixed Fish Paella Desert: Homemade Cup Cakes	Chef's special soup